Lunch Menu

Week 1

Stir.
let's eat, together

w/c: 21/04, 12/05, 02/06, 23/06, 14/07

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Curry Served with Wholegrain Rice & Sweetcorn	**Margherita Pizza** Served with Baked Potato Wedges and Coleslaw or Peas	**Roast Gammon** Served with Crispy Roasties, Broccoli & Gravy	**Chicken Meatballs** Served Whole Grain Pasta & Green Greens	**Golden Fish Fingers** Served with Chunky Chips and Baked Beans
Vegetable Curry Served with Wholegrain Rice & Sweetcorn	**Vegetable Pizza** Served with Garlic & Herb Wedges and Coleslaw or Peas	**Vegetable Tart** Served with Crispy Roasties, Broccoli & Gravy	**Chow Mein Noodles** Served with Coconut Green Beans	**Curried Chickpea Fritters** Served with Chunky Chips and Baked Beans
Penne Pasta with Homemade Tomato Sauce	**Jacket Potato** with Cheese or Baked Beans or Tuna Mayo	**Penne Pasta with Nut free Spinach and Basil Pesto**	**Jacket Potato** with Cheese or Baked Beans or Tuna Mayo	**Penne Pasta with Homemade Tomato Sauce**
½ Baguette Filled with Cheese	**½ Baguette** Filled with Tuna Mayo	**½ Baguette** Filled with Ham	**½ Baguette** Filled with Cheese	**½ Baguette** Filled with Tuna Mayo
Chocolate Cake and Custard	**Jelly & Fruit Slices**	**Apple Crumble Cake**	**Fruit Salad**	**Shortbread Biscuits**

SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY

Icon Key

- Added plant power
- Wholemeal
- Vegan
- Vegetarian
- Oily fish
- Full of fruit
- Nutritionist's Choice
- Extra Protein Power
- Good for your gut

Lunch Menu

Week 2

Stir.
let's eat, together

w/c: 28/04, 19/05, 09/06, 30/06, 21/07

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Traditional Cottage Pie Served with Root vegetable Mash & Green Beans	**Chicken Curry** Served with a Wholegrain Rice & Broccoli	**Roast Chicken** Served With Crispy Roasties, Carrots, Sweetcorn & Gravy	**Margherita Pizza** Served with Baked Potato Wedges and Coleslaw or Peas	**Golden Fish Fingers** **(Salmon Or Pollock)** Served with Chunky Chips & Peas
Vegetable Sausages Served with Root vegetable Mash & Green Beans	**Sweet Potato & Lentil Curry** Served with a Wholegrain Rice & Broccoli	**Spinach & Cheese Swirl** Served With Crispy Roasties, Carrots, Sweetcorn & Gravy	**Vegetable Gnocchi** Served with Mixed Salad	**Vegetable Chilli** Served with Chunky Chips & Peas
Penne Pasta with or without Homemade Tomato Sauce	**Jacket Potato** with Cheese or Baked Beans or Tuna Mayo	**Penne Pasta with or without Nut free Spinach and Basil Pesto**	**Jacket Potato** with Cheese or Baked Beans or Tuna Mayo	**Penne Pasta with or without Homemade Tomato Sauce**
½ Baguette Filled with Cheese	**½ Baguette** Filled with Tuna Mayo	**½ Baguette** Filled with Ham	**½ Baguette** Filled with Cheese	**½ Baguette** Filled with Tuna Mayo
Chocolate Brownie	**Vanilla Ice cream**	**Fruit Bowls**	**Iced Vanilla Sponge**	**Oat Cookie & Melon Stick**

SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY

Icon Key

Added plant power · Wholemeal · Vegan · Vegetarian · Oily fish · Full of fruit · Nutritionist's Choice · Extra Protein Power · Good for your gut

Lunch Menu

Week 3

Stir.
let's eat, together

w/c: 05/05, 26/05, 16/06, 07/07

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sweet & Sour Chicken Served with Wholegrain Rice & Green Beans	**Homemade Sausage Rolls** Served with Baked Potato Wedges & Baked Beans	**Roast Turkey** Served with Crispy Roasties, Carrots & Sweetcorn	**Mac n Cheese with a Crispy Crumb Topping** Served with Broccoli	**Golden Fish Fingers** Served With Chunky Chips & Baked Beans
Cheesy Lasagne Served with & Side Salad	**Homemade Cheese & Onion Rolls** Served with Wedges & Baked Beans	**Baked Courgette Gratin** Served with Crispy Roasties, Carrots & Sweetcorn	**Curried Spring Vegetable Rice** Served with Raita & Broccoli	**Crispy Vegetable Fingers** Served with Chunky Chips & Baked Beans
Penne Pasta with Homemade Tomato Sauce	**Jacket Potato** with Cheese or Baked Beans or Tuna Mayo	**Penne Pasta with Nut free Spinach and Basil Pesto**	**Jacket Potato** with Cheese or Baked Beans or Tuna Mayo	**Penne Pasta with Homemade Tomato Sauce**
½ Baguette Filled with Cheese	**½ Baguette** Filled with Tuna Mayo	**½ Baguette** Filled with Ham	**½ Baguette** Filled with Cheese	**½ Baguette** Filled with Tuna Mayo
Sticky Toffee Banana Cake	**Fruit Bowls**	**Fruity Flapjack**	**Lemon & Peach Cake**	**Chocolate Cookies**

SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY

Icon Key

Added plant power · Wholemeal · Vegan · Vegetarian · Oily fish · Full of fruit · Nutritionist's Choice · Extra Protein Power · Good for your gut